



Frequently Asked Questions

Q: What does HOPE do?

A: The HOPE Coalition brings together community resources in order to inspire Healthy lifestyles through Outreach, Prevention & Education.

Q: What if I want to support HOPE, but do not want to compete?

A: You can be an event sponsor! For \$300, your company's logo will be displayed on our website & at the event of your choice. This is a great way to promote your company visually, whether participating or just being a spectator!

Q: How many people do I need on my team?

A: Each team must have a minimum of *10 people* with a minimum of *3 women*.

Q: Can I recruit people that do not belong to my business/organization to compete on my team?

A: Spouses & children (17+ and max of 3) of the employees/members are the *only* people eligible to join your team.

Q: Does my team have to participate in every event?

A: Yes, including the Opening Ceremony! However, not every team member will participate in every event.

Q: Where does a team captain go for more liability waivers?

A: You can access a PDF of a liability waiver at mchope.org/fit-business-challenge, then click Team Captain Information.

Q: Does my team have to have T-shirts made?

A: This is not required, but part of the fun! We encourage each team to participate in the T-shirt Competition, & they will receive 20 *bonus* points for submission. 1st, 2nd, & 3rd place winners will win even more points!

Q: Does my team have to participate in the 5k?

A: No. However, your team can earn 1 *bonus* pt per participant (max 20 pts per team) that chooses to run. Register for the run at mchope.org/hoperun. All you have to do is mention your business/organization name when checking in. Runners do not have to be on the official team, but must be an employee/member, spouse or any age child.

Q: How can I get bonus points?

A: There are four ways a team can receive bonus points.

1. BMX Executive Granny Panty Relay: Refer to rules. **20 pts for each team that participates. More for winner!**
2. T-Shirt Competition: Refer to Team Captain Info. **20 pts for submission. 1st, 2nd, 3rd place will get even more!**
3. HOPE Run: Refer to above asked question. **1 pt per runner (max 20 team pts)**
4. Volunteers: Must be an employee/member, spouse or child (17+). **1 pt per volunteer (max 20 team pts)**

Q: What is Tent City?

A: Consider Tent City your team's dugout. Your team can congregate here for direction, shade, company provided refreshments, etc. Each business/organization will bring their own 10x10 tent for a space in Tent City.

Q: Is Tent City required?

A: It is not required, but keep in mind that it was included in your sponsorship. We strongly encourage you take advantage of the space for your team and fans.